BEING THANKFUL

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Taking a moment to simply sit back and acknowledge the blessings in your life is something we forget to do in our busy schedules. Consumed by school, family, friends, and extracurricular activities, we get caught up in the little things and forget the big picture. Not everyone has the latest iPhone, the newest car, or even a roof over their head. Last year, around Easter, I decided I would be thankful for everything that enters and exits my life, no matter the outcome.

There is good in everything, as long as you take the time of day to comprehend what you have received. Be thankful for the bad days in your life. They are inevitable; they are bound to happen. You cannot go through life without a bad day, but we should appreciate them because they remind us good days are always ahead. These negative experiences always offer a lesson, as we learn to appreciate our faults and mistakes. A positive outlook towards everyday life will make more of an impact than you would expect, and will eventually rub off on to those around you.

Be grateful for the obstacles you encounter throughout your life. Complications are a part of the road to success. If you go through life having everything handed to you, challenging obstacles no longer exist. Making mistakes is the simplest and most common way to learn first hand. We must learn from these as we experience trial and error, finding the best way to create the life we deserve.

We should be thankful for school as well. Not everyone gets the opportunity to receive a good education. In today’s society, constant complaints and negativity towards schoolwork surrounds us. Education is a precious thing that we tend to take advantage of, often ignoring those students whose struggles require much more attention than we truly realize. My older sister is a tutor at her high school and comes home with stories of students from foreign countries whose attitudes towards learning is simply beautiful. If we all shared these views, our education and knowledge would explode.

Being appreciative is my law of life. We are all so overwhelmed with our own selfish worries and desires, we do not think about those whose sufferings are much deeper than our own. Many people do not have food, as we complain about not having our favorite meal for dinner. Many people have lost their parents, as we complain about our strict mothers and fathers. Many people cannot read or write, as we complain about our simple homework assignments. Off your love to everyone you encounter, no matter their past or reputation. Be grateful for what enters and exits your life, find the time of day to search for the good in everything, and always count your blessings.